

January 2026



**Santa Barbara Martineztown
Multigenerational Center**



505.767.5671

1825 Edith Blvd NE 87102

cabq.gov/seniors

Welcome to Santa Barbara Martineztown!

We had another wonderful success with our Holiday Bingo event this year!

We also celebrated our very first Tree Trimming event, which was a jolly time for everyone involved.

Thank you to everyone who donated, decorated, and participated. Your support made this a special community celebration for the second year in a row.

Membership Reminder

Please check in on your memberships to ensure they are up to date. If you need assistance, stop by the front desk and we'll be happy to help get everything squared away. Thank you in advance!

Upcoming Events & Ongoing Classes

Acoustic Music Circle

Started November 6 | 1:00 PM – 3:00 PM

Bring your instrument or your voice and join us for an acoustic jam session. Express yourself, share music, and have a great time!

Senior Citizens Law Office

Please call the Center at 505-767-5671 to RSVP and reserve your spot.

- Estate Planning
- January 20 | 9:30 AM – 11:30 AM
- Power of Attorney
- February 20 | 9:30 AM – 11:30 AM

Center Closures

- Thursday, January 1 – Closed for New Year's Day
- Monday, January 19 – Closed for Martin Luther King Jr. Day

After-School Camp

- Dates: Follows APS school schedule
- Hours: 3:30 PM – 6:00 PM
- Snack provided
- Youth Camp will be offered with daily activities to keep participants engaged and active.

Spots are available. Please call 505-767-5671 for more information.

Transportation Update:

- We will begin picking up from Zia Elementary School starting Monday January 5th.
- We will no longer be picking up from Lew Wallace Elementary School.

Center Hours

Monday-Friday:

Open to all.

8:00 AM-5:00 PM

Youth only.

5:00 PM-6:00 PM

Saturday and Sunday:

Closed.

Mayor

Timothy M. Keller



Director

Anna M. Sanchez

Center Staff

Program Coordinator

Matthew Montoya

General Service Worker

Isaiah Poole

Part-Time Staff

**Aaliyah, Albert, Amiah,
Brandon, Lucero, and
Sebastian**

Important Information

Center Closed

**Jan. 1st, 2026
New Years**

2026

**Jan. 19, 2026
Martin Luther King
Jr. Day**



Monday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Yoga-Gentle
Intermediate Pickleball
Zumba-Low Impact

8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
9:00 AM-10:00 AM
1:00PM-3:30PM
3:45 PM-4:45 PM



Tuesday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Tech Help Tuesday
Yoga-All Level
Beginner Pickleball
Line Dancing
Zumba-Low Impact

8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
8:00 AM-4:45 PM
9:00 AM-10:00 AM
9:30AM-11:30AM
1:00 PM-2:00 PM
3:45 PM-4:45 PM



Wednesday

TV Viewing
Friendship Coffee
Computer Lab
Flea Market (1st Wednesday)
Paint and Sip
Puzzle Table
Walk in the Park
YouTube Foodies
Movie
(3rd Wednesday)
Friendships/Relationships (AM)
Latin Aerobics
Corn Hole
Friendships/Relationships

98:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-12:00 PM
10:00 AM-12:00 PM
8:00 AM-4:45 PM
8:30 AM-9:00 AM
9:00 AM-10:00 AM
9:00 AM-11:00 AM
9:00AM-12:00AM
1:00PM-2:00PM
1:30 PM-2:30 PM
2:00PM-4:00PM



ONE
ALBUQUE
RQUE

Weekly Activity

Thursday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Yoga-All Level
Crochet Group
Friendships/Relationships (AM)
Friendships/Relationships (PM)
Inclusive Bingo

8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
9:00 AM-10:00 AM
10:00 AM-11:30 AM
10:00AM-12:00PM
12:30PM-2:30PM
2:00 PM-3:00 PM



Friday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Yoga
Karaoke
Card Game Time
Meditation
Zumba-Low Impact

8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
9:45 AM-10:45 AM
12:00 PM-3:00 PM
1:30 PM-3:00 PM
2:30PM-3:30PM
3:45 PM-4:45 PM



Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.





Senior Citizens Law Office

Estate Planning
Tuesday, January 20th
9:30 am-11:30 am

RSVP at
505-767-5671

Power of Attorney
Tuesday, February 20th
9:30 am-11:30 am



Santa Barbara Martineztown Multigenerational Flea Market

Come join us for flea markets every 1st Wednesday of the month!
All ages!
Come find some knick knacks to take home!

\$2 per table
8:00 AM- 12:00 PM



Wednesday,
January 7th

Lottery Drawing
First come, First served

Zumba-Low Impact

Join us for some fun times and low impact zumba! Get your body going and break a sweat while listening to some awesome music with our Phenomenal instructor Leo!

Mondays, Tuesdays, and Fridays
3:45 PM-4:45 PM



ZUMBA
FITNESS

Line Dancing (Beginning)

Tuesdays from 1:00 PM - 2:00 PM



Join our great beginning line dancing class open for all ages for those who loves to line dance or wants to learn line dancing!

GEHM Clinic

Thursday, January 22nd
8:30 AM - 12:00 PM

Come participate in this clinic that helps to identify how your body is doing!



Crochet Group: That Darn Yarn

Thursdays
10:00 AM-11:30 AM



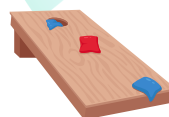
**STARTING BACK
UP IN JANUARY!**

Building Friendships and Relationships:
Supporting Individuals with Intellectual Disabilities



Cost:Varies

Wednesdays
2:00 PM - 4:00 PM
Thursdays
10:00 AM-12:00 PM
12:30 PM-2:30 PM



Corn Hole

Join us for some exciting games of Corn Hole indoors!

Wednesdays
1:30 PM-2:30 PM

Gentle Yoga

Instructor: Toby

Mondays
9:00 AM - 10:00 AM

Fridays
9:45 AM - 10:45 AM



Yoga (Beginning)

All Level Yoga

Instructor: Amy

Tuesdays
9:00 AM-10:00 AM

Thursday
9:00 AM-10:00 AM



Karaoke

Fridays

12:00 PM-3:00 PM

Join us for a fun-filled karaoke session where you can sing your heart out and shine like a star!

Join us for some exciting games of Pickleball with one court indoors!

Pickleball

Beginner
Tuesdays
9:30AM-11:30AM



Intermediate
Mondays
1:00PM-3:00PM

*Attention- Movies
subject to change*

Movies Wednesdays



Drama
1st Wednesday
9:00 AM -11:00 AM



Action
2nd Wednesday
9:00 AM -11:00 AM



Romance
3rd Wednesday
9:00 AM -11:00 AM



Adventure
4th Wednesday
9:00 AM -11:00 AM

Walk in the Park

Take a refreshing stroll with us through the park as the leaves fall and we embrace the beauty of the fall season every Wednesday!

Note: if inclement weather we can walk inside the building.



Wednesdays
8:30 AM-9:00 AM

Puzzle Table

Monday-Friday
8:00 AM-4:45 PM



Acoustic Music Circle

All songs and voices welcome including original tunes

All ages

Come express yourself and show your talent

Open to all levels

Call 5057675671 and RSVP for the Class!

Starting
Thursday,
November 6th
1pm-3pm
No Cost

The Zone

Tech Help Tuesday

Come join us every Tuesday all day!



Come find some help with your technology from the staff of Santa Barbara Martineztown Multigenerational Center!

Join us for skill building on all your technology from laptop to cell phones!



Tuesday, January 6th
3:00PM-5:00PM

at Santa Barbara Martinztown!

Please call to book an appointment!

5057675671 or 505-600-1297



YouTube Foodies

Learn how to whip up delicious, healthy meals on a budget in our fun and easy online cooking class!

Wednesday
9:00 AM-10:00 AM

Fridays

1:30 PM-3:00 PM

Card Game Time

Join us at the Santa Barbara Martineztown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.



Paint and Sip Coffee

Unwind with a relaxing Paint & Sip session—enjoy a cup of coffee while you unleash your creativity on canvas!



Wednesdays
10:00 AM-12:00 PM

DSA Advisory Council

January 26th, 2025

Bear Canyon Senior Center
4645 Pitt NE, 87111



Friendship Coffee

Come drop in and enjoy some coffee and socialize with one another!



Monday-Friday
8:00 AM-2:00 PM

**IMPORTANT
NOTICE**



JANUARY 2026

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.

**ONE
ALBUQUE
RQUE**

Dine in hot lunch is served
11:30 AM - 1:00 PM
Monday - Friday.

Please call
505-767-5671
to make your
reservation by
12:00P.M. the day
prior.

If you have made a
reservation please
call and inform so
we can give the
meal to another
participant.

If you forgot to
make a reservation
we will be able to
give out
cancellation meals
at 12:30 p.m.

Thanks in advance!

COST BY AGE-

50-55

\$7.67

55-59

\$3.25

60 AND UP

\$2

(DONATION)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Beef Enchilada 4oz Red Chile 1oz Pinto Beans 4oz Succotash 4oz Diced Pears 1ea 1% Milk 8oz	30 Asian Diced Pork 3oz Peppers 2oz Rice Pilaf 4oz Oriental Veggie Blend 4oz Fortune Cookie 1ea 1% Milk 8oz	31 Chicken Fajitas 3oz Fajita Veggie Blend 4oz Spinach w/ Mushrooms 4oz Ranch Beans 4oz Tortilla 2ea Pudding 4oz 1% Milk 8oz	CLOSED 1 	2 Beef Tips Over Pasta 3oz Gravy 2oz Peas & Carrots 4oz Diced Beets 4oz Brownies 4oz 1% Milk 8oz
5 Baked BBQ Chicken 3oz Sweet Potato Mash 4oz Brussel Sprouts 4oz Dinner Roll 1ea Margarine 1pc Applesauce 4oz 1% Milk 8oz	6 Meatloaf 3oz Tomato Sauce 1oz Pinto Beans 4oz Normandy Blend 4oz Yogurt 4oz 1% Milk 8oz	7 Turkey Pot Pie 4oz Steamed Broccoli 4oz Breadstick 1ea Baked Pears 4oz 1% Milk 8oz	8 Cheese Omelet 4oz Peppers & Red Chile 4oz Diced Potatoes 4oz Ranch Beans 4oz Peach 4oz 1% Milk 8oz 	9 Pork Chop 3oz Gravy 1oz Brown Rice 4oz Buttery Peas 4oz Mandarin Oranges 4oz 1% Milk 8oz
12 Salisbury Steak 4oz Mushrooms & Gravy 2oz Mashed Potatoes 4oz Green Beans with 4oz Diced Tomatoes 4oz Cupped Pears 4oz 1% Milk 8oz	13 Chicken Alfredo 4oz Peas 1oz Steamed Carrots 4oz Steamed Broccoli 4oz Yogurt 4oz 1% Milk 8oz	14 Green Chile Cheeseburger 4oz 1ea Normandy Blend 4oz Cauliflower w/ 4oz Red Peppers 4oz Jell-O 4oz 1% Milk 8oz	15 Posole 4oz Diced Potatoes 4oz Calabacitas 4oz Pudding 4oz 1% Milk 8oz	16 Sweet & Sour Pork Chop 4oz Brown Rice 4oz Stir Fry 4oz Peaches 4oz 1% Milk 8oz
CLOSED 19 	20 Sloppy Joe 4oz Brussel Sprouts 4oz Diced Potatoes 4oz Applesauce 4oz 1% Milk 8oz	21 Green Chile Chicken 4oz Posole 4oz Carrots 4oz Broccoli/Cauliflower 4oz Vanilla Pudding 4oz 1% Milk 8oz	22 Baked Ziti 5oz Green Beans with Diced 4oz Tomatoes 4oz Breadstick 1ea Cupped Pineapple 4oz 1% Milk 8oz	23 BBQ Pulled Pork with 4oz Baked Beans 4oz Broccoli 4oz Cornbread 1ea Mixed Fruit 4oz 1% Milk 8oz
26 Rotisserie Chicken 4oz Mashed Potatoes 4oz Stewed Tomatoes 4oz Brownie 1ea 1% Milk 8oz	27 Carne Adovada 3oz Red Chile 1oz Pinto Beans 4oz Spanish Rice 4oz Flour Tortilla 2ea Applesauce 4oz 1% Milk 8oz	28 Lemon Baked Cod 3oz Tarter Sauce 1ea Normandy Blend 4oz Brown Rice 4oz Dinner Roll 1ea Margarine 1pc Mandarin Oranges 4oz 1% Milk 8oz	29 Green Chile Mac & Cheese 5oz w/ Broccoli 4oz Sweet Potatoes 4oz Diced Beets 4oz Banana 4oz 1% Milk 8oz	30 Chicken Parmesan 4oz Brown Rice 4oz Steamed Carrots 4oz Jell-O 4oz 1% Milk 8oz

Notice

ALL FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager Tim Martinez at 505-764-6450 for further clarification.

Thank you in advance for your cooperation.

Senior Affairs Events



50's Sock Hop Party
Jan. 7, 2026 from 3:30PM to 5:00PM
North Domingo Baca
Multigenerational Center- Join us for
a Sock Hop at North Domingo Baca
Multigenerational Center!



Cookies with a Cop
Jan. 8, 2026 from 3:30PM to 04:30PM
- North Domingo Baca
Multigenerational Center Join us at
North Domingo Baca
Multigenerational Center to celebrate
National Law Enforcement Day!



Mobile Food Pantry
Jan. 16, 2026 from 2:00PM to 4:30PM
- Manzano Mesa Multigenerational
Center - Experience better living
through better laughter!



**ONE
ALBUQUERQUE**

“For all our holiday and seasonal events, please visit www.cabq.gov/seniors and click on the ‘Senior Affairs Events’ tab on the left side of the page.”

2026