

January 2026



Welcome to Santa Barbara Martineztown!

We had another wonderful success with our Holiday Bingo event this year!

We also celebrated our very first Tree Trimming event, which was a jolly time for everyone involved.

Thank you to everyone who donated, decorated, and participated. Your support made this a special community celebration for the second year in a row.

Membership Reminder

Please check in on your memberships to ensure they are up to date. If you need assistance, stop by the front desk and we'll be happy to help get everything squared away. Thank you in advance!

Upcoming Events & Ongoing Classes

Acoustic Music Circle

Started November 6 | 1:00 PM – 3:00 PM

Bring your instrument or your voice and join us for an acoustic jam session. Express yourself, share music, and have a great time!

Senior Citizens Law Office

Please call the Center at 505-767-5671 to RSVP and reserve your spot.

- Estate Planning
- January 20 | 9:30 AM – 11:30 AM
- Power of Attorney
- February 20 | 9:30 AM – 11:30 AM

Center Closures

- Thursday, January 1 – Closed for New Year's Day
- Monday, January 19 – Closed for Martin Luther King Jr. Day

After-School Camp

- Dates: Follows APS school schedule
- Hours: 3:30 PM – 6:00 PM
- Snack provided
- Youth Camp will be offered with daily activities to keep participants engaged and active.

Spots are available. Please call 505-767-5671 for more information.

Transportation Update:

- We will begin picking up from Zia Elementary School starting Monday January 5th.
- We will no longer be picking up from Lew Wallace Elementary School.

Center Hours

Monday-Friday:

Open to all.

8:00 AM-5:00 PM

Youth only.

5:00 PM-6:00 PM

Saturday and Sunday:
Closed.

Mayor

Timothy M. Keller



Director

Anna M. Sanchez

Center Staff

Program Coordinator
Matthew Montoya

General Service Worker
Isaiah Poole

Part-Time Staff
Aaliyah, Albert, Amiah, Brandon, Lucero, and Sebastian

Important Information

Center Closed

Jan. 1st, 2026
New Years



Jan. 19, 2026
Martin Luther King Jr. Day



Monday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Yoga-Gentle
Intermediate Pickleball
Zumba-Low Impact



8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
9:00 AM-10:00 AM
1:00PM-3:30PM
3:45 PM-4:45 PM

Tuesday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Tech Help Tuesday
Yoga-All Level
Beginner Pickleball
Line Dancing
Zumba-Low Impact



8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
8:00 AM-4:45 PM
9:00 AM-10:00 AM
9:30AM-11:30AM
1:00 PM-2:00 PM
3:45 PM-4:45 PM



Wednesday

TV Viewing
Friendship Coffee
Computer Lab
Flea Market (1st Wednesday)
Paint and Sip
Puzzle Table
Walk in the Park
YouTube Foodies
Movie
(3rd Wednesday)
Friendships/Relationships (AM)
Latin Aerobics
Corn Hole
Friendships/Relationships



9:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-12:00 PM
10:00 AM-12:00 PM
8:00 AM-4:45 PM
8:30 AM-9:00 AM
9:00 AM-10:00 AM
9:00 AM-11:00 AM

9:00 AM-12:00 AM
1:00 PM-2:00 PM
1:30 PM-2:30 PM
2:00 PM-4:00 PM

Thursday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Yoga-All Level
Crochet Group
Friendships/Relationships (AM)
Friendships/Relationships (PM)
Inclusive Bingo

8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
9:00 AM-10:00 AM
10:00 AM-11:30 AM
10:00 AM-12:00 PM
12:30PM-2:30PM
2:00 PM-3:00 PM



Friday

TV Viewing
Friendship Coffee
Computer Lab
Puzzle Table
Yoga
Karaoke
Card Game Time
Meditation
Zumba-Low Impact

8:00 AM-5:00 PM
8:00 AM-2:00 PM
8:00 AM-3:00 PM
8:00 AM-4:45 PM
9:45 AM-10:45 AM
12:00 PM-3:00 PM
1:30 PM-3:00 PM
2:30PM-3:30PM
3:45 PM-4:45 PM



Memberships!

- \$20.00 Annual Membership Fee
- Yearly from the day of payment.
- You gain access to all Multigenerational Centers, Senior Centers and Sports and Fitness Centers!
- Please remember to update or renew membership. Also, check in at the front desk for any classes or activities in which you participate.



The Zone

NEW!

Senior Citizens Law Office

Estate Planning

RSVP at

Tuesday, January 20th

505-767-5671

9:30 am-11:30 am

Power of Attorney

Tuesday, February 20th

9:30 am-11:30 am



Santa Barbara Martineztown Multigenerational Flea Market

Come join us for flea markets every 1st Wednesday of the month!

All ages!

Come find some knick knacks to take home!

\$2 per table

8:00 AM- 12:00 PM



Lottery Drawing
First come, First served

Wednesday,
January 7th

Zumba-Low Impact

Join us for some fun times and low impact zumba! Get your body going and break a sweat while listening to some awesome music with our Phenomenal instructor Leo!

Mondays, Tuesdays, and
Fridays
3:45 PM-4:45 PM



Line Dancing (Beginning)

Tuesdays from 1:00 PM - 2:00 PM

Join our great beginning line dancing class open for all ages for those who loves to line dance or wants to learn line dancing!

GEHM Clinic
Thursday, January 22nd
8:30 AM - 12:00 PM

Come participate in this clinic that helps to identify how your body is doing!



Crochet Group:That Darn Yarn

Thursdays
10:00 AM-11:30 AM



STARTING BACK UP IN JANUARY!

Cost: Varies

Wednesdays

2:00 PM - 4:00 PM

Thursdays

10:00 AM-12:00 PM

12:30 PM-2:30 PM

**Building Friendships and Relationships:
Supporting Individuals with Intellectual Disabilities**



Corn Hole

Join us for some exciting games of Corn Hole indoors!



Wednesdays
1:30 PM-2:30 PM

Gentle Yoga

Instructor: Toby

Mondays

9:00 AM - 10:00 AM

Fridays

9:45 AM - 10:45 AM



Yoga (Beginning)

All Level Yoga

Instructor: Amy

Tuesdays

9:00 AM-10:00 AM

Thursday

9:00 AM-10:00 AM



Karaoke

Fridays

12:00 PM-3:00 PM

Join us for a fun-filled karaoke session where you can sing your heart out and shine like a star!

Join us for some exciting games of Pickleball with one court indoors!

Pickleball

Beginner
Tuesdays
9:30AM-11:30AM



Intermediate
Mondays
1:00PM-3:00PM

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*Attention- Movies
subject to change*

Movies Wednesdays



Drama
1st Wednesday
9:00 AM -11:00 AM



Action
2nd Wednesday
9:00 AM -11:00 AM



Romance
3rd Wednesday
9:00 AM -11:00 AM



Adventure
4th Wednesday
9:00 AM -11:00 AM

Walk in the Park

Take a refreshing stroll with us through the park as the leaves fall and we embrace the beauty of the fall season every Wednesday!

Note: if inclement weather we can walk inside the building.



Wednesdays
8:30 AM-9:00 AM

Puzzle Table

Monday-Friday
8:00 AM-4:45 PM



Acoustic Music Circle

All songs and voices welcome including

original tunes

All ages

Come express yourself and show your talent

Open to all levels

Call 5057675671 and RSVP for the Class!

Starting
Thursday,
November 6th
1pm-3pm
No Cost

The Zone

Tech Help Tuesday

Come join us every Tuesday all day!



Come find some help with your technology from the staff of Santa Barbara Martintown Multigenerational Center!



Join us for skill building on all your technology from laptop to cell phones!

Tuesday, January 6th
3:00PM-5:00PM

at Santa Barbara Martintown!

Please call to book an appointment!
5057675671 or 505-600-1297



YouTube Foodies

Learn how to whip up delicious, healthy meals on a budget in our fun and easy online cooking class!



Wednesday
9:00 AM-10:00 AM

Fridays

1:30 PM-3:00 PM Join us at the Santa Barbara Martintown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.



Card Game Time

1:30 PM-3:00 PM Join us at the Santa Barbara Martintown Multigenerational Center for a fun time with family and friends! Enjoy a variety of board and card games.

Paint and Sip Coffee

Unwind with a relaxing Paint & Sip session—enjoy a cup of coffee while you unleash your creativity on canvas!



Wednesdays
10:00 AM-12:00 PM

DSA Advisory Council

January 26th, 2025



Bear Canyon Senior Center
4645 Pitt NE, 87111



Friendship Coffee

Come drop in and enjoy some coffee and socialize with one another!

Monday-Friday
8:00 AM-2:00 PM

**IMPORTANT
NOTICE**



JANUARY 2026

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.

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Dine in hot lunch is served
11:30 AM - 1:00 PM
Monday - Friday.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Beef Enchilada Red Chile Pinto Beans Succotash Diced Pears 1% Milk	30 Asian Diced Pork Peppers Rice Pilaf Oriental Veggie Blend Fortune Cookie 1% Milk	31 Chicken Fajitas Fajita Veggie Blend Spinach w/ Mushrooms Ranch Beans Tortilla Pudding 1% Milk	CLOSED 	1 Beef Tips Over Pasta Gravy Peas & Carrots Diced Beets Brownies 1% Milk
5 Baked BBQ Chicken Sweet Potato Mash Brussel Sprouts Dinner Roll Margarine Applesauce 1% Milk	6 Meatloaf Tomato Sauce Pinto Beans Normandy Blend Yogurt 1% Milk	7 Turkey Pot Pie Steamed Broccoli Breadstick Baked Pears 1% Milk	8 Cheese Omelet Peppers & Red Chile Diced Potatoes Ranch Beans Peach 1% Milk	9 Pork Chop Gravy Brown Rice Buttery Peas Mandarin Oranges 1% Milk
12 Salisbury Steak Mushrooms & Gravy Mashed Potatoes Green Beans with Diced Tomatoes Cupped Pears 1% Milk	13 Chicken Alfredo Peas Steamed Carrots Steamed Broccoli Yogurt 1% Milk	14 Green Chile Cheeseburger Normandy Blend Cauliflower w/ Red Peppers Jell-O 1% Milk	15 Posole Diced Potatoes Calabacitas Pudding 1% Milk	16 Sweet & Sour Pork Chop Brown Rice Stir Fry Peaches 1% Milk
CLOSED 	19 Sloppy Joe Brussel Sprouts Diced Potatoes Applesauce 1% Milk	20 Green Chile Chicken Posole Carrots Broccoli/Cauliflower Vanilla Pudding 1% Milk	21 Baked Ziti Green Beans with Diced Tomatoes Breadstick Cupped Pineapple 1% Milk	22 BBQ Pulled Pork with Baked Beans Broccoli Cornbread Mixed Fruit 1% Milk
26 Rotisserie Chicken Mashed Potatoes Stewed Tomatoes Brownie 1% Milk	27 Carne Adovada Red Chile Pinto Beans Spanish Rice Flour Tortilla Applesauce 1% Milk	28 Lemon Baked Cod Tarter Sauce Normandy Blend Brown Rice Dinner Roll Margarine Mandarin Oranges 1% Milk	29 Green Chile Mac & Cheese w/ Broccoli Sweet Potatoes Diced Beets Banana 1% Milk	30 Chicken Parmesan Brown Rice Steamed Carrots Jell-O 1% Milk

Notice

ALL FOOD AND MILK MUST BE CONSUMED IN DESIGNATED DINING AREAS ONLY

In compliance with Area Agency on Aging and New Mexico Aging and Long-Term Services senior meal program regulations, meals cannot be removed from the meal site designated dining area, however fruit, such as bananas, apples, oranges and individually wrapped cookies are exceptions to the rule. If you have any questions regarding regulations and guidelines, please call Senior Affairs Nutrition and Transportation Division Manager Tim Martinez at 505-764-6450 for further clarification.

Thank you in advance for your cooperation.

If you have made a reservation please call and inform so we can give the meal to another participant.

If you forgot to make a reservation we will be able to give out cancellation meals at 12:30 p.m.

Thanks in advance!



COST BY AGE-

50-55

\$7.67

55-59

\$3.25

60 AND UP

\$2

(DONATION)

Senior Affairs Events



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"For all our holiday and seasonal events, please visit www.cabq.gov/seniors and click on the 'Senior Affairs Events' tab on the left side of the page."

50's Sock Hop Party
Jan. 7, 2026 from 3:30PM to 5:00PM
North Domingo Baca
Multigenerational Center- Join us for a Sock Hop at North Domingo Baca Multigenerational Center!

Cookies with a Cop
Jan. 8, 2026 from 3:30PM to 04:30PM
- North Domingo Baca
Multigenerational Center Join us at North Domingo Baca Multigenerational Center to celebrate National Law Enforcement Day!

Mobile Food Pantry
Jan. 16, 2026 from 2:00PM to 4:30PM
- Manzano Mesa Multigenerational Center - Experience better living through better laughter!



2026